



FOX BEFORE & AFTER SCHOOL PROGRAMS

Fall 2017

Welcome to Fall Fox Before & After School Programs! The PTA is excited to bring you these before and after school programs to enrich your child's experience at Fox.

Fall Offerings at a Glance Before School

Monday	Kickball & Baseball with Mr. D for grades 3-5
Tuesday	Running Club for grades K-5
Friday	Running Club for grades K-5

Fall Offerings at a Glance After School

Monday	Bricks 4 Kidz- Engineering with Bricks 4 Kidz® for grades 1-5
Monday	Challenge Island's World Tour for grades K-5
Monday	Make Your Own Movie: Visual Storytelling through Stop Animation- ADVANCED for grades 4-5
Monday	Printmaking with the Visual Arts Center for grades 4-5
Tuesday	Art with Ms. Crowder for grades K-5
Tuesday	Crazy Forts- Little Builders for grades K-3
Tuesday	Girls on the Run for grades 3-5
Tuesday	World Wizards with Little Scholars for grades K-3
Wednesday	Learn to Loom with Ms. Evans for grades K-3
Wednesday	Mad Science- Crazy Chemworks for grades 1-5
Wednesday	Riverside Outfitters Tree Climbing for grades K-2
Thursday	Girls on the Run for grades 3-5
Thursday	Kind Club for grades K-5
Thursday	Virginia Outside James River Adventure for grades 1-5
Friday	Make Your Own Movie: Visual Storytelling through Stop Animation- BEGINNING for grades 3-5
Friday	Riverside Outfitters Tree Climbing for grades 3-5

Here's How It Works:

1. Read the class descriptions attached
2. Register online at <https://foxpta.sportssignup.com> (even if you are paying by check). **THIS IS THE ONLY WAY TO REGISTER!!!** (If you do not have access to a computer or need assistance please contact Shannon Heady, After School Coordinator at 804-543-4465 to register your child for you).
3. If paying by check please write check to William Fox PTA and bring it to the office in an envelope marked *after school programs*.
4. **REGISTRATIONS DUE BY FRIDAY, SEPTEMBER 22nd**
5. A \$10 late fee will be charged for folks turning in registrations or payment after the deadline. A \$10 fee will also be charged for folks changing classes. (Please note late registrations may not be accepted if classes are full).
6. **NO REFUNDS ARE GIVEN FOR CLASSES NOT ATTENDED OR WHEN YOU WITHDRAW YOUR CHILD.**
7. A limited number of scholarships are available. Please contact Shannon Heady, After School Coordinator at 804-543-4465 or at sheady@verizon.net if you are interested.

⇒ Please review times and start dates as they vary by class

Things to Remember About Pick-Up, Drop-Off!
(PLEASE READ CAREFULLY):

- **For Parents of Kindergarten Students:** After school instructors will be picking up your child at each of their classrooms at 3:40 and walking them to the assigned classroom for the after school activity. This is to help keep all of our little ones safe and make sure they get to the right place.
- **For Parents of Younger Students not in Kindergarten:** We don't have staff that can walk children to the room for after school programs. Please make arrangements to walk your child to the program on the first day (if necessary) or instruct your child that they need to walk themselves to their classroom. Their teacher will also help them get where they are going.
- **Before School Program Information:** Instructors will walk all students into the building if the program is outside or direct them to their classroom if the program is indoors. Kindergarten students will be walked to their classroom. All other grades will be expected to walk themselves to their classroom once inside the building.
- **For Students in the YMCA After School Programs:** Instructors will walk all YMCA participants to the designated YMCA play area at the end of the after school program. (Please note that depending on the size of the after school program and the staff that are provided, your child may be taken to the YMCA program after all other children have been picked up.) The YMCA does not have staff to come and get after school participants at their classrooms. Please note on your registration that your child needs to go to the YMCA after their program ends.

Additional General Information:

- **Pick-Up Location:** Unless otherwise instructed- ALL STUDENTS WILL BE PICKED UP AT THE FRONT DOORS OF FOX. After school instructors will walk the classes to the front doors and check students out for pick-up. Please do not wander the building or grounds looking for your child, this slows the pick-up process for everyone.
- Make a plan with your child so they know what day they are to go to the program, who will pick them up at the front doors at the end of the program, and send a note to the teacher to remind them of the day your child will stay after school.
- It is each family's responsibility to make sure their child knows what day their program is on and what classroom to report to at 3:50. The week before the program is starting, you will be given the location of each class. Mrs. Jacobs will give a reminder on the afternoon announcements and each teacher will have a list of which students are participating in what programs and the rooms as well.
- Please keep in mind that the school office closes at 4:30 pm. At the end of each program the vendor will bring the students to the front doors for dismissal.
- These programs are provided by offsite contractors and coordinated through Fox PTA volunteers. Fox school staff are not involved with these programs and will not be able to answer program questions.
- The PTA is not able to issue refunds if students do not attend the programs for which they have registered.
- **A \$10 late fee will be charged for folks turning in registrations or payment after the deadline. A \$10 fee will also be charged for folks changing classes.** (Please note late registrations may not be accepted if classes are full).

Fox Before School Programs

Kickball & Baseball with Mr. D: Do you love sports? Mr. D is serving up some fast paced action before school with a hybrid game that combines baseball and kickball! Mr. D will be the all time pitcher for each team and guarantees lots of scoring and a great workout. When your child is up they can decide if they want to kick or hit a ball with a bat! Please have your child bring their water bottle and a great attitude! We will make up days in which weather prohibits us from playing.

Mondays- September 25, October 2, 9, 16 (4 week program)

Time: 8:00-8:50

Cost: \$45

Grades: 3-5

Running Club: Fox Runners will get their day started on the right foot on Tuesday and Friday mornings at the Fox Playground. Come join us in a parent-led, non-competitive running group. Students will be encouraged to run/walk as many laps around the soccer fields as they can before we start the school day. We even throw in a few challenges along the way, and will end the season with achievement awards. Logistics: Students will not be able to make it to breakfast, so please send them with a healthy snack and water bottle to enjoy before the bell rings. Parents and other siblings (with signed waivers) are strongly encouraged to participate in on the fun. Parents are required to sign their student in each morning. Kindergarten parents will have to stay to help supervise their child.

Tuedays- September 26, October 3, 10, 17, 24, 31

& Fridays- September 29, October 6, 13, 20, 27, November 3 (6 week program)

Time: 8:00-8:50

Cost: \$10 (price includes a running club t-shirt)

Grades: K-5 (Kindergarten students will have to have a parent or guardian present at all times)

Fox After School Programs

Bricks 4 Kidz- Engineering with Bricks 4 Kidz®: Join Bricks 4 Kidz after school on Mondays for an hour of STEM based LEGO fun! Each week, students will use our proprietary LEGO technic kits, model plans and motors to make real, moving machines!

Mondays- September 25, October 2, 9, 16, 23, 30, (No class November 6 early dismissal), November 13, 20 (8 week class)

Time: 3:50-5:00

Cost: \$85

Grades: 1-5

Challenge Island's World Tour: Pack your suitcases for Challenge Island's tour of the world! You and a tribeful of friends will engineer your way around the globe- from the Eiffel Tower to the Sydney Harbor Bridge to the Taj Mahal to an African Safari and many more exciting destinations. Each Challenge will bring us to a different geographical location and provide a special CI taste of the local flavor there. Please join us for this not to be missed Challenge Island global STEAM adventure. Check out the fun by visiting www.challenge-island.com/midlothian and to see the action live go to <https://youtu.be/itXR-C91UPo> Challenge Island® is the wildly popular enrichment program that promotes and fosters integral creative and critical thinking skills in children. Kids divide into cooperative tribes and take on exciting challenges set on action-packed, thematic "islands". Our innovative approach emphasizes STEAM (science, technology, engineering, art and math) and core language arts skills.

Mondays- September 25, October 2, 9, 16, 23, 30, (No class November 6 early dismissal), November 13, 20 (8 week class)

Time: 3:50-5:00

Cost: \$100

Grades: K-5

"Making Our Own Movie": MASTERING Visual Storytelling through Stop Motion Animation

(ADVANCED): For this class, students are required to either have taken the beginners class (Learning Visual Storytelling) last Spring or any other stop motion or film-making class that gives them the fundamentals of writing, performance, camera and team-work needed to get right to creating films. Please contact us (Julian Pozzi jpozzi108@gmail.com) if you feel your child is ready - we will make exceptions as this is our first advanced class. In this advanced class, we will continue to explore stop motion, but spend more time making a longer movie. Students are expected to be mature enough to stay focused during the hour class and to work well with their teams and assigned roles. We will spend the entire 10 weeks making one movie from Class 1. During that time, we will get into more advanced topics such as Voice Work, Characterizations, Special Effects, Sound Engineering, Soundtracks and Editing. We will do meditation, yoga, theater exercises and all the fun stuff in the first level class to keep the class active, but much more time will be dedicated to the actual work of stop motion. The goal is a 5 minute film or 3000 images! At 10 classes, that's 300 pictures per class. We have 2 cameras, so each team will take 150 images each class - that's 2.5 images per minute of class time. Come join and create a fast-moving, well-oiled machine of dazzling storytelling ingenuity! **Learning goals**: Using a wide variety of Playmobil toys and sets, art-making techniques, cameras and computers, this class will teach visual literacy and narrative film-making techniques. Participants will explore the technical requirements and conventions of visual storytelling and appreciate the fundamentals of how films get made, while also raising active awareness of how media constructs narrative realities around us.

Mondays- September 25, October 2, 9, 16, 23, 30, (No class November 6 early dismissal), November 13, 20, 27, December 4 (10 week class)

Time: 3:50-5:00

Cost: \$150

Grades: 4-5

Printmaking with the Visual Arts Center: Explore the magic of printmaking to create unique and beautiful images. Printmaking allows you to create images in multiples and to play with color, texture and mark-making. We'll explore processes like gelli-plate printing, relief printing with foam plates, monoprinting, and paper marbling. Expect to come home with a variety of prints you can proudly display or that you can share with others! (Students will meet at Fox and walk over with their instructor to the Visual Arts Center. You will need to pick up your child at their facility: Visual Arts Center of Richmond, 1812 West Main Street)

Mondays- September 25, October 2, 9, 16, 23, 30, (No class November 6 early dismissal), November 13, 20 (8 week class)

Time: 3:50-5:30

Cost: \$85

Grades: 4-5

Art with Ms. Crowder: Welcome to Art After School with Ms. Crowder. Classes will not occur when we do not have school, and snow make up days are in June. You can sign up for one class, or all of the classes.

Tuesdays- Classes run in 2, 3 or 4-week increments

Time: 3:50-5:00

Cost: Varied (look at each class for specific costs) Most classes are \$52.00

Grades: K-5 (mixed age classes)

Drawing 101 (2 classes \$32.00 Sept 26, and October 10)

In this short two week class we will learn foundations of drawing to make it possible for you to see the shapes in things and create any image from breaking it down into its simplest components and then adding shading and details.

Oil and Chalk Pastel (3 classes \$42.00 Oct 17, 24, and, Nov 14)

In this class we will use blending and water techniques to create images that really pop using chalk and oil pastel. If you love color, you will love this class.

Gift Wrapping and Making (4 classes \$52.00 Nov 21, 28, Dec 5, 12)

In this class we will make and wrap 4 gifts for your family members as a surprise for our upcoming winter holidays. We will learn to wrap, make cards, tie bows, and make homemade gifts from the heart.

Collage and Print making (4 classes \$52.00 Jan 9, 16, 23, 30)

In this class we will experiment with multiple ways to make prints from your designs. If you love to make lots of copies of your work, this is the class for you. We will also tear cut and reassemble artwork to create beautiful collages.

Crazy Forts- Little Builders: This class uses two different building materials Building Blocks and Ring Construction: both feature bright rainbow colors and use interlocking pieces to create towers or

3-D buildings or their own design and color palette. All pieces are fun and easy to assemble.

Tuesdays- September 26, October 3, 10, 17, 24, 31, (no class November 7 election day), November 14, 21 (8 week class)

Time: 3:50-5:00

Cost: \$95

Grades: K-3

Girls on the Run: We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum that creatively integrates running. Girls on the Run is a transformational physical activity based positive youth development program for girls in 3rd-8th grade. We teach life skills through dynamic, interactive lessons and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Program includes: GOTR program t-shirt, H2O bottle, healthy snack at every practice, 10 weeks of program materials and curriculum based, positive youth - development lessons delivered by 3 certified GOTR coaches, 5k race entry, end of season 5k completion medal and a season of confidence enhancing lessons and activities your girl won't forget! *Scholarships are available and will be awarded on a first come, first served basis. The scholarship application link is available on our website on the programs and registration page.

PLEASE NOTE YOU MUST REGISTER SEPERATELY ON THE GIRLS ON THE RUN WEBSITE:

<http://gotrrichmond.org>

Tuesdays & Thursdays (this program is twice a week)- September 19- December 10th

Time: 3:45-5:15

Cost: \$185

Grades: 3-5

Girls on the Run of Greater Richmond Email: info@gotrrichmond.org

To Register Go To Website: <http://gotrrichmond.org> (PLEASE NOTE: you cannot register for this class on our Fox website)

World Wizards with Little Scholars: Calling all wizard fans! This is like no other class you have ever experienced. We will take a magical journey into the world of wizards. We will design trading cards, make a personal crest, create a treasure hunt, have a Triwizard tournament and even do some activities that will astound all Muggles.

Tuesdays- September 26, October 3, 10, 17, 24, 31, (no class November 7 election day), November 14, 21 (8 week class)

Time: 3:50-5:00

Cost: \$101

Grades: K-3

Learn to Loom with Ms. Evans: You have seen her looming in the lunchroom... now come and play with yarn for real! Bring your yarn from home and your creative mind as Ms. Evans brings to you the basics of looming. This beginning class will provide children the skills they will need to make their own

wonderful yarn creations! Children can make hats, scarves, fingerless gloves or mittens. This is the perfect way to welcome fall! Children will need to bring their own yarn (1-2 skein's of yarn, any type of yarn is acceptable-**except wool**). Looms will be provided.

Wednesdays- September 27, October 4, (No class October 11 early dismissal), 18, 25, November 1 (6 week class)

Time: 3:50-5:00

Cost: \$60

Grades: K-3

Mad Science- Crazy Chemworks: Get ready to touch, see, hear, and smell what science is really all about! Mad Science will engage students with fun, interactive and educational hands-on activities that instill a clearer understanding of science and how it affects the world around them. Science is awesome, cool and sometimes a little odd! Compete in our favorite sport – slime Olympics! We will then take an atomic level look at chemical reactions and sort out the corrosive truth about acids & bases. See what makes things glow and investigate what makes things so “sticky”! Melt metal in front of your eyes and float away on a dry ice cloud! This program is a catalyst for fun!

Wednesdays- September 27, October 4, (No class October 11 early dismissal), 18, 25, November 1, 8, 15, (No class November 22 Thanksgiving Break), November 29 (8 week class)

Time: 3:50-5:00

Cost: \$95

Grades: 1-5

Riverside Outfitters Tree Climbing: Come Out and Play With Trees! Relish Your Human Abilities and Dance With Endorphins. The way we see it, active kids are happier kids. In Riverside Outfitters' Tree Climbing Program your children will challenge themselves, and each other, both physically and mentally. With activities ranging from high-elevation zip-lines and vertical climbs into tree canopies, to low-ropes challenges and team games, your children will join our recreation professionals in some “man it's good to be a kid” type fun. Expect your children to come home safe, dirty and grinning. Children will climb trees on the school grounds and within walking distance of the school. Students will be picked up at Fox like all our afterschool programs.

Wednesdays- September 27, October 4, (No class October 11 early dismissal), 18, 25, November 1, 8 (6 week class)

Time: 3:50-5:15

Cost: \$85

Grades: K-2

Kind Club: Kind Club is a weekly, co-ed, inclusive social club for children grades K-5. Kind Club is devoted to supporting children through the process of constructing and executing a service project, allowing children to feel their positive impact in their community. Kind Club is fueled by using Positive Discipline practices and aims to model group leadership and problem-solving steps in a respectful way to all.**Fall session will be geared towards helping out the school community. Spring session will be a Richmond community project**

Week 1: Welcome- Introductions, Rules, Club name
Week 2: Interview a representative associated with the focus mission
Week 3: Plan our project, using a strategic planning model
Weeks 4-6: Work on project
Week 7: Execute the project/fundraiser
Week 8: Assess, reflect, celebrate

Thursdays- September 28, October 5, 12, 19, 26, November 2, 9, 16 (8 week class)

Time: 3:50-5:00

Cost: \$92

Grades: K-5

Virginia Outside Virginia Outside: Fall is a great time to get out in the James River Park and the surrounding wild areas! From hiking, to mountain biking, to fishing, to just looking under rocks in the river to see what's there, kids are encouraged to explore their natural environment in our Outside Program. We create a safe time for the kids to be kids and enjoy time outside. Having fun, learning for themselves, starting to see a progression of skill development and building a base that your child will carry for life are just some of the things they will acquire in our wonderful outdoor playgrounds here in the city of Richmond. So put on your outdoor clothes, tie your shoes tight and prepare for some adventure and excitement. We will pick up students at Fox when school gets out and drop them back at Fox at the session close. (Please note in case of inclement weather students will be taken indoors to the nature center at Maymont).

Thursdays- September 28, October 5, 12, 19, 26 (5 week class)

Time: 3:50-6:00 (Please note end time!)

Cost: \$125

Grades: 1-5

Make Your Own Movie: Visual Storytelling through Stop Motion Animation: 21st Century Fox School Studios presents... A Film by... YOU (BEGINNING)! Using Stop-Motion to learn the fundamentals of movie-making, students will collaborate in teams and learn character-building and plotting (Writing), performance (Acting and Voice work), choose the right lighting, locations, props and wardrobe for the story (Directing), as well as mastering the visual technology (Camera), put it all together into a final product (Editing) and all along the way, create S.M.A.R.T plans and execute them (Producing). Our motto is "Keep Calm, Keep It Focused and Keep It Moving!" The first 6 weeks, cover character and world building and "the Story Stair and Slide" (exposition, conflict and resolution), performance and drama, plot points, visual narrative language, camera-work and shot composition, how lighting works (Led finger lights in the dark!) and audio design (crazy voices and SFX!). We also do Movie Math to understand frame rates and time structure. In the last 4 weeks, we put it all together into a final film. We know it's going to be hard to stay focused with such detail-oriented work after a long day of school, so we'll be keeping it fun and active, watching fun movie clips, using Yoga and Mindfulness techniques to stay relaxed, and play dramatic games and do art-making activities to help bring our movies to life. **Requirements:** You love the magic of movies and storytelling, playing with toys, stories about dinosaurs, pirates, knights, fairies and/or animals, and you want to be a key part of a dynamic team that makes movies. If you have all these ingredients, then this class is for you! Roll up your sleeves and come join 21st Century Fox

School Studios! **Learning goals:** Using a wide variety of Playmobil toys and sets, art-making techniques, cameras and computers, this class will teach visual literacy and narrative film-making techniques. Participants will explore the technical requirements and conventions of visual storytelling and appreciate the fundamentals of how films get made, while also raising active awareness of how media constructs narrative realities around us.

Fridays- September 29, October 6, 13, 20, 27, November 3, 10, 17, (no class November 24 Thanksgiving Break), December 1, 8 (10 week class)

Time: 3:50-5:00

Cost: \$150

Grades: 3-5

Riverside Outfitters Tree Climbing: Come Out and Play With Trees! Relish Your Human Abilities and Dance With Endorphins. The way we see it, active kids are happier kids. In Riverside Outfitters' Tree Climbing Program your children will challenge themselves, and each other, both physically and mentally. With activities ranging from high-elevation zip-lines and vertical climbs into tree canopies, to low-ropes challenges and team games, your children will join our recreation professionals in some "man it's good to be a kid" type fun. Expect your children to come home safe, dirty and grinning. Children will climb trees on the school grounds and within walking distance of the school. Students will be picked up at Fox like all our afterschool programs.

Fridays- September 29, October 6, 13, 20, 27, November 3 (6 week class)

Time: 3:50-5:15

Cost: \$85

Grades: 3-5