



FOX BEFORE & AFTER SCHOOL PROGRAMS

Winter 2018

Welcome to Fall Fox Before & After School Programs! The PTA is excited to bring you these before and after school programs to enrich your child's experience at Fox.

Winter Offerings at a Glance After School

Monday	Bricks 4 Kidz- Wheels in Motion with Lego Bricks for grades K-5
Monday	Young Movers Active Play for grades K-1
Tuesday	Art with Ms. Crowder for grades K-5
Tuesday	Crazy Forts- Little Builders for grades K-3
Wednesday	Knitting Club with Ms. Kinnaman for grades 2-5
Wednesday	Young Movers Sports Development for grades 2-5
Wednesday	World Wizards with Little Scholars for grades K-3
Thursday	Kind Club- co-ed, social service project club for grades K-5
Thursday	Mad Science- Science Grab Bag for grades 1-5
Thursday	Riverside Outfitters Tree Climbing for grades 3-5
Friday	Championship Chess for grades 2-5
Friday	Make Your Own Movie: Visual Storytelling through Stop Motion Animation for grades 2-5
Friday	Riverside Outfitters Tree Climbing for grades K-2

Here's How It Works:

1. Read the class descriptions attached
2. Register online at <https://foxpta.sportssignup.com> (even if you are paying by check). **THIS IS THE ONLY WAY TO REGISTER!!!** (If you do not have access to a computer or need assistance please contact Shannon Heady, After School Coordinator at 804-543-4465 to register your child for you).
3. If paying by check please write check to William Fox PTA and bring it to the office in an envelope marked *after school programs*.
4. **REGISTRATIONS DUE BY FRIDAY, JANUARY 26.**
5. A \$10 late fee will be charged for folks turning in registrations or payment after the deadline. A \$10 fee will also be charged for folks changing classes. (Please note late registrations may not be accepted).
6. **NO REFUNDS ARE GIVEN FOR CLASSES NOT ATTENDED OR WHEN YOU WITHDRAW YOUR CHILD.**
7. A limited number of scholarships are available. Please contact Shannon Heady, After School Coordinator at 804-543-4465 or at sheady@verizon.net if you are interested.

⇒ Please review times and start dates as they vary by class

Things to Remember About Pick-Up, Drop-Off! (PLEASE READ CAREFULLY):

- **For Parents of Kindergarten Students:** After school instructors will be picking up your child at each of their classrooms at 3:40 and walking them to the assigned classroom for the after school activity. This is to help keep all of our little ones safe and make sure they get to the right place.
- **For Parents of Younger Students not in Kindergarten:** We don't have staff that can walk children to the room for after school programs. Please make arrangements to walk your child to the program on the first day (if necessary) or instruct your child that they need to walk themselves to their classroom. Their teacher will also help them get where they are going.
- **Before School Program Information:** Instructors will walk all students into the building if the program is outside or direct them to their classroom if the program is indoors. Kindergarten students will be walked to their classroom. All other grades will be expected to walk themselves to their classroom once inside the building.
- **For Students in the YMCA After School Programs:** Instructors will walk all YMCA participants to the designated YMCA play area at the end of the after school program. (Please note that depending on the size of the after school program and the staff that are provided, your child may be taken to the YMCA program after all other children have been picked up.) The YMCA does not have staff to come and get after school participants at their classrooms. Please note on your registration that your child needs to go to the YMCA after their program ends.

Additional General Information:

- **Pick-Up Location:** Unless otherwise instructed- ALL STUDENTS WILL BE PICKED UP AT THE FRONT DOORS OF FOX. After school instructors will walk the classes to the front doors and check students out for pick-up. Please do not wander the building or grounds looking for your child, this slows the pick-up process for everyone.
- Make a plan with your child so they know what day they are to go to the program, who will pick them up at the front doors at the end of the program, and send a note to the teacher to remind them of the day your child will stay after school.
- It is each family's responsibility to make sure their child knows what day their program is on and what classroom to report to at 3:50. The week before the program is starting, you will be given the location of each class. Mrs. Jacobs will give a reminder on the afternoon announcements and each teacher will have a list of which students are participating in what programs and the rooms as well.
- Please keep in mind that the school office closes at 4:30 pm. At the end of each program the vendor will bring the students to the front doors for dismissal.
- These programs are provided by offsite contractors and coordinated through Fox PTA volunteers. Fox school staff are not involved with these programs and will not be able to answer program questions.
- The PTA is not able to issue refunds if students do not attend the programs for which they have registered.
- **A \$10 late fee will be charged for folks turning in registrations or payment after the deadline. A \$10 fee will also be charged for folks changing classes.** (Please note late registrations may not be accepted).

Fox After School Programs

Bricks 4 Kidz: Wheels in Motion with LEGO Bricks- These wheels are ready to roll! Students will use LEGO® Bricks, axles, pulleys, gears, and motors to build a variety of models on wheels. Some are familiar vehicles, such as a fire engine and delivery truck. Others are more spectacular, such as the Rescue Robot and K-9 Bot. Do you have a need for speed? Put your Speed Bot model to the test as you race against others using remote controls! We'll explore concepts of speed and force, and gain non-vehicle knowledge from the unconventional *Wheels in Motion* models as well. Let's roll!

Mondays- February 5, 12, (No class February 19) February 26, March 5, 12, 19 (6 week class)

Time: 3:50-5:00

Cost: \$65

Grades: K-5

Young Movers Active Play- When most adults think about exercise, they imagine working out in the gym, running on a treadmill, or lifting weights. But for kids, exercise means being physically active through play. Young Movers Active Play a program specifically designed to help improve the basic fundamental motor, object manipulation control, cognitive skills, endurance, strength and flexibility of elementary and preschoolers by using three different forms of play (low impact sports play, block play and free play) all in one program for a well-rounded experience. Our activities are not complex but fun, fast, encouraging and simple. A completely positive experience where effort=success in a safe and fun environment!

Mondays- February 5, 12, (No class February 19) February 26, March 5, 12, 19 (6 week class)

Time: 3:50-5:00

Cost: \$80

Grades: K-1

Art with Ms. Crowder: Welcome to Art After School with Ms. Crowder. Classes will not occur when we do not have school, and snow make up days are in June. You can sign up for one class, or all of the classes.

Tuesdays- Classes run in 2, 3 or 4-week increments

Time: 3:50-5:00

Cost: Varied (look at each class for specific costs) Most classes are \$52.00

Grades: K-5 (mixed age classes)

Painting Techniques (4 classes \$52.00 Feb 13, 20, 27 and March 13)

Are you already really good with watercolors and you want to know what else you can do to make them awesome? In this class we will learn 12 techniques that will make your watercolors come to life in a whole new way. It's going to blow your mind.

Sculpture Techniques (4 classes \$52.00 March 20, 27 April 17, 24)

In this class we will work with clay, paper mache and other sculptural techniques to create 3D works of art that can sit proudly on your mantel.

Crazy Forts- Little Builders: "Little Builders": Build, create & design in this STEM inspired class. The course will use "Crazy Forts" to make life-size structures, "Building Blocks" which are multi-functioning interlocking pieces that allow students to design & build colorful creations and "Lincoln Logs" the classic architectural building tool for creative minds. This class will bring out the engineer & future designer in the student as they develop the tools of balance, design & creativity.

Tuesdays- January 30, February 6, 13, 20, 27, March 6 (6 week class)

Time: 3:50-5:00

Cost: \$75

Grades: K-3

Knitting Club: Want to join the knitting club? Come and knit after school with Ms. Kinnaman and Ms. Evans. We welcome beginners who want to learn the basics of knitting, as well as more advanced knitters who want to try a new project! Materials: Bring whatever project you are working on and we will be there to assist you. If you want help figuring out your new project, or if you need help figuring out what type of yarn or needles that you need, see Ms. Kinnaman or Ms. Evans. (Ms. Kinnaman's email: lkinnama@rvaschools.net)

Wednesdays- January 31, February 7, 14, 21, 28, (No class March 7), 14 (6 week class)

Time: 3:50-5:00

Cost: \$65

Grades: 2-5

Young Movers Sports Development: The basic components needed to be competitive in sports at any level are footwork, balance, hand eye coordination, body control and attitude. Come join Amateur Sports Company a sports development company that specialize in sports development/improvement the right way! As we teach the basic components needed to be competitive in sports by incorporating skills from various sports (basketball, baseball, football and soccer) using the Kaizen coaching philosophy (gradual continual improvement for long term development) in a safe and fun way. Our activities are not complex but fun, encouraging and simple. Our approach has been associated with reduce injury rate, favorable perception of sports and improvement in athletic performance.

Wednesdays- January 31, February 7, 14, 21, 28, (No class March 7), 14, 21 (7 week class)

Time: 3:50-5:00

Cost: \$85

Grades: 2-5

World Wizards with Little Scholars: Calling all wizard fans! This is like no other class you have ever experienced. We will take a magical journey into the world of wizards. We will design trading cards, make a personal crest, create a treasure hunt, have a Triwizard tournament and even do some activities that will astound all Muggles.

Wednesdays- January 31, February 7, 14, 21, 28, (No class March 7), 14 (6 week class)

Time: 3:50-5:00

Cost: \$80

Grades: K-2

Kind Club: co-ed, social service project club: Kind Club is a weekly, co-ed, inclusive social club for children. The program is devoted to supporting children through the process of constructing and executing a service project, allowing children to feel their positive impact in their community. Kind Club is fueled by using Positive Discipline practices and aims to model group leadership and problem-solving steps in a respectful way to all. (Kind Club has a pending 501(c)3 non-profit status to create good work and service projects throughout the Richmond area and beyond!)

Thursdays- February 8, 15, 22, March 1, 8, 15, 22 (7 week class)

Time: 3:50-5:00

Cost: \$85

Grades: K-5

Mad Science- Science Grab Bag: Get ready to touch, see, hear, smell, and taste what science is really all about! Mad Science will engage students with fun, interactive and educational hands-on activities that instill a clearer understanding of science and how it affects the world around them. Science is awesome, cool and sometimes a little odd! Use forensics and your mind to solve the great cookie-caper mystery. Experience the creepy world of bugs that live all around you. Think the grown-ups are just cooking in the kitchen? Amaze yourself at the science that goes on in there. How do those magicians do their magic? You will discover the science behind it and try it yourself! Unique Mad Science take home experiments each week!

Thursdays- February 8, 15, 22, March 1, 8, 15 (6 week class)

Time: 3:50-5:00

Cost: \$75

Grades: 1-5

Riverside Outfitters Tree Climbing: Come Out and Play With Trees! Relish Your Human Abilities and Dance With Endorphins. The way we see it, active kids are happier kids. In Riverside Outfitters' Tree Climbing Program your children will challenge themselves, and each other, both physically and mentally. With activities ranging from high-elevation zip-lines and vertical climbs into tree canopies, to low-ropes challenges and team games, your children will join our recreation professionals in some "man it's good to be a kid" type fun. Expect your children to come home safe, dirty and grinning. Children will climb trees on the school grounds and within walking distance of the school. Students will be picked up at Fox like all our afterschool programs.

Thursdays- February 8, 15, 22, March 1, 8, 15 (6 week class)

Time: 3:50-5:15

Cost: \$85

Grades: 3-5

Championship Chess Class: Kids come have fun playing the game of chess and learning to be better players! Playing chess helps kids think more clearly, and improves math and reading skills. Classes include both instruction and play time.

Fridays- February 2, 9, 16, 23, March 2, 9, 16, 23 (8 week class)

Time: 3:50-5:00

Cost: \$95

Grades: 2-5

Make Your Own Movie: Visual Storytelling through Stop Motion Animation: 21st Century

Fox School Studios presents... A Film by... YOU! Using Stop-Motion to learn the fundamentals of movie-making, students will collaborate in teams and learn character-building and plotting (Writing), performance (Acting and Voice work), choosing the right lighting, locations, props and wardrobe for the story (Directing), as well as mastering the visual technology (Camera), put it all together into a final product (Editing) and all along the way, create S.M.A.R.T plans and execute them (Producing). Our motto is "Keep Calm, Keep It Focused and Keep It Moving!" The first few weeks, cover character and world building and "the Story Stair and Slide" (exposition, conflict and resolution), performance and drama, plot points, visual narrative language, camera-work and shot composition, how lighting works (Led finger lights in the dark!) and audio design (crazy voices and SFX!). We also do Movie Math to understand frame rates and time structure. In the remaining weeks, we put it all together into a final film. We'll be keeping it fun and active, watching fun movie clips, using Yoga and Mindfulness techniques to stay relaxed, and play dramatic games and do art-making activities to help bring our movies to life. **Requirements:** You love the magic of movies and storytelling, playing with toys, stories about dinosaurs, pirates, knights, fairies and/or animals, and you want to be a key part of a dynamic team that makes movies. If you have all these ingredients, then this class is for you! Roll up your sleeves and come join 21st Century Fox School Studios! **Learning goals:** Using a wide variety of Play Mobil toys and sets, art-making techniques, cameras and computers, this class will teach visual literacy and narrative film-making techniques. Participants will explore the technical requirements and conventions of visual storytelling and appreciate the fundamentals of how films get made, while also raising active awareness of how media constructs narrative realities around us. **(This class is open to both new students and students with previous experience with our class or elsewhere!)**

Fridays- February 2, 9, 16, 23, March 2, 9, 16, 23 (8 week class)

Time: 3:50-5:00

Cost: \$120

Grades: 2-5

Riverside Outfitters Tree Climbing: Come Out and Play With Trees! Relish Your Human Abilities and Dance With Endorphins. The way we see it, active kids are happier kids. In Riverside Outfitters' Tree Climbing Program your children will challenge themselves, and each other, both physically and mentally. With activities ranging from high-elevation zip-lines and vertical climbs into tree canopies, to low-ropes challenges and team games, your children will join our recreation professionals in some "man it's good to be a kid" type fun. Expect your children to come home safe, dirty and grinning. Children will climb trees on the school grounds and within walking distance of the school. Students will be picked up at Fox like all our afterschool programs.

Fridays- February 2, 9, 16, 23, March 2, 9 (6 week class)

Time: 3:50-5:15

Cost: \$85

Grades: K-2